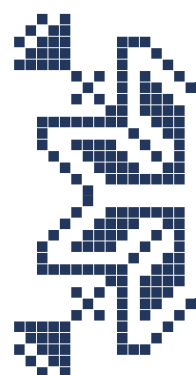
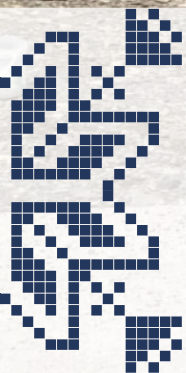


ANNUAL REPORT 2021







30 years of FARA!
300 jobs created!
10 000 lives changed!



MESSAGE OF THE EXECUTIVE TEAM ❖ ❖ ❖ ❖ ❖ ❖ ❖ ❖ ❖ ❖



2021 - Another year, another chapter in the life of the FARA Foundation Romania. We have stepped into this year with new hopes and fresh strengths to face new challenges, to open new doors towards new opportunities, to fulfil our professional satisfaction and embark on a continuous development trajectory.

FARA Team - Professionalism, Passion, Performance: Although the COVID-19 pandemic continued to strike, FARA team remained on the barricades with the same determination, professionalism, passion, and strength to help those who needed the most. Whether it is

about children, young people, people with disabilities, families, and communities, our professionals are ready to step up and help and make a difference in those moments of crisis or vulnerability that seems to never end. FARA team, you are phenomenal! You are the superheroes who demonstrated that can go beyond the challenges and tiredness of daily effort and with your warm words you have brought hope, smiles, and love where it was most needed! You are the ones who spread love and good energy around you! You are the ones who, together, in a collective effort, transformed the lives of 600 children with limited access to opportunities, 150 youth transitioning to independent living, 300 children with disabilities, 20 people with disabilities, and 250 families for whom the life was too harsh. Thank you! ,

FARA Foundation - Resilience, Mobilization, Visibility:

The changes and transformation for sustainability of FARA continued. Every day, we demonstrated performance for our beneficiaries and FARA has become a stronger voice in telling the story of children, youth, people with disabilities and all those we help. They all are the people behind the numbers and statistics. In 2021 we entered and touched the lives of **2000 beneficiaries** through individualized and quality services, and impactful interventions. Our organization has gained strengths in its action, developed resilience, and capitalized on the creativity, the potential and the voice of each team member and each beneficiary. In this way we have become more innovative, we have added new activities and services to our traditional programs and developed and implemented new projects that relied on promoting the power of example and leading by doing, volunteering, local traditions and values, natural resources, cultural richness, and individual uniqueness and people's talents.

The stories of our beneficiaries have increasingly become well-known and have triggered feelings of solidarity and a desire to help among the good people of companies, corporations, communities, media, and funding organizations. Thank you to all the supporters of our programs in 2021! Without your help, our actions would have been less colourful, dynamic, and impactful.

30th Anniversary

In 2021 we celebrated together 30 years since Jane Nicholson, the founder of our foundation, came to Romania and saw the sad and traumatic images of children in institutions and the image of Romania of the '90s. Jane decided 30 years ago that her life would be strongly connected to Romania because of she could not leave behind so many children who needed help. Since 1991, Jane never stopped to bring a critical contribution that changed many lives of the most vulnerable, in a society that despite its aspiration to evolve into a democracy of the twentieth century failed so many times many children, youth and those affected by poverty. The 30 years of activity have been translated in over 10,000 lives transformed and improved, and over 300 jobs created. Jane continues her mission today with a team that becomes every year stronger and stronger through people - professionals, beneficiaries, partners, volunteers, and supporters. The 30 years of activity and the leadership model promoted by Jane Nicholson inspire us to seek and find the best way to fulfil the mission, vision and ideals of FARA Foundation and its people, and to turn the unknown into solutions to complex equations of life that challenge us to explore the world as it is, to experiment, and to find solutions for opening new horizons.



Moment of reflection

The ingredients of success are in our hands. Every day through what we think, through what we do, through the decisions we make and the limits we impose on ourselves, we are one step or a universe away from making the change we want, or from fulfilling ourselves, our dreams, and our ideals. We will strengthen our collaboration, we will strengthen our team, we will become better and more united, and we will take our work to the next level of professionalism and impact. But we will never be able to achieve success alone because we are part of a construction, and each of us has chosen to be part of. Looking to the future, we will continue our journey with FARA to make the impossible possible! Those who want to join us, your place is here if you really want it.

Roxana Girip
Director Executiv

"Never say you can't but start by
saying let's see,"

-Nicolae Iorga, historian

Regina Bulai
Director Asociat

FARA transforms the lives of the most vulnerable and disadvantaged children, young people, and families in Romania, giving them a sense of “family”

Our **Vision** is of a world in which everyone can live with freedom and dignity in a loving, protective environment, experiencing fulfilled lives whatever their ability.

Our **Mission** is to transform the lives of the most vulnerable and disadvantaged children, youth and families living in Romania's poorest communities.

Our **Values** underpin all our work and are shared by all those involved in carrying out our mission both in the UK and Romania.

FARA strives to build a just society serving the common good, based on Christian values of love, justice, dignity and respect, welcoming people of all faiths and none.

30 years of experience in caring for vulnerable children, young people, and families in Romania. FARA has been supporting the most vulnerable and disadvantaged in Romania since 1991.

FARA goes far beyond being just a care provider, family and friendships are at the heart of what we do. We try to create a true sense of belonging. Our mission is to build communities and families and to love and serve them. Our work is life changing for many families living in abject poverty.

FARA today is one of the largest and most experienced NGO care providers in Romania, reaching out to the poor, the marginalised and most discriminated in society. FARA's projects fund, develop and manage services providing care, security, and love to improve the quality of life and opportunity.



The FARA Foundation aims to be a family for those without. We focus our efforts and demonstrate by action that we love, serve, and invest in those most in need of support, to help alleviate trauma among marginalized children, youth, and adults, to give hope, and to help them achieve their dreams. find answers and resources for building the future.

A FAMILY FOR LIFE – Homes for life

We provide residency, psycho-social assistance, non-formal education and socialization in sheltered family-type housing, in two locations in Suceava County (St. Mary Home, Vadu Moldovei and Elisabeth Home, Cacica) for 20 young adults with disabilities.

SUPPORT FOR INDEPENDENT LIFE – Youth at risk

We provide integrated services and psycho-social and educational support for young people leaving the protection system and vulnerable young people in the community who are preparing for independent living. The capacity of the program is 80 young people, and in 2021, 117 young people benefited from services in two transit centers, Francis in Popești Leordeni, (Ilfov County), Foyer in Satu Mare and communities.

THERAPY AND RECOVERY

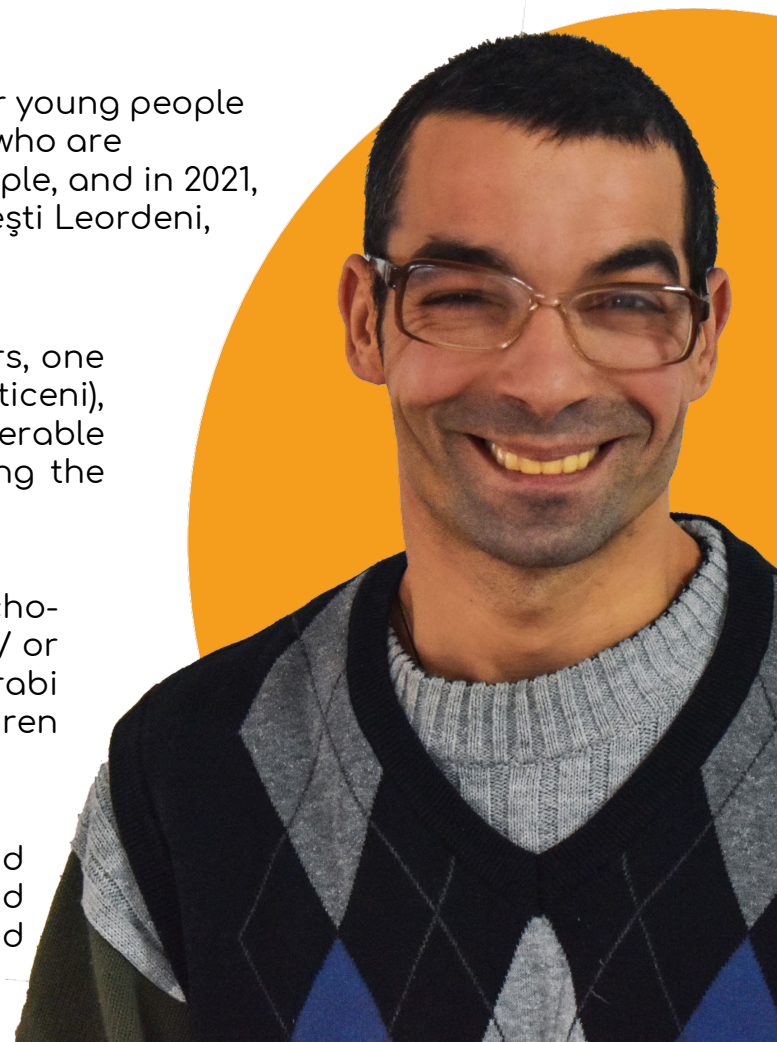
We provide therapy and recovery services, free of charge, in three Day Centers, one in Popești Leordeni (Ilfov County) and two in Suceava County (Suceava and Fălticeni), for 240 children and young people with disabilities from psychosocially vulnerable families and financial. In this program we also support parents in continuing the therapeutic process at home.

Talking POVERTY THROUGH EDUCATION - TPTE

We provide after-school educational support, non-formal education, psycho-social and material support, social inclusion activities for disadvantaged and / or marginalized children and their family members living in Baia, Bogata, Basarabi and Bahna Arini, Suceava County. The capacity of the program is 300 children and 450 members of their families.

A FAMILY FOR THE WITHOUT – Family type home

We provide residence, psycho-social assistance, non-formal education and socialization in a family-type home, St. Nicholas, in Suceava, for 15 children and young people from the protection system, without support and parental and family care.





Impact & Results

FARA Foundation grows with its beneficiaries.

The desire to transform the lives of our beneficiaries and to remove the barriers to their development, challenges us to continually improve, be creative, and find viable solutions.

We believe in people, in their ideas and in their ability to push their limits. We enter into partnerships with those who believe in our cause and, through their contribution, amplify the impact of our initiatives.





Homes for life

This program represents the opportunity offered by FARA to young people with disabilities to live in a family climate, to participate in activities aimed at developing and strengthening personal resilience and skills for independent living. Homes for Life program is based on the strong belief that we are all equal and we all have the right to live our life with dignity. Little things done with love and perseverance can change lives.

20

Young adults with
disabilities

24K

Meals together as a
family

1,5K

Hours of occupational
therapy

8

Community projects

12

state and private
partners

20 young people of the two homes for life participated in 21 events held in the community for integrative purposes.

The health of our young people comes first, so over 60 doctor visits were facilitated for the 20 beneficiaries in 2021.

Emotional balance in sensitive situations was ensured through 34 psychological counseling sessions.

The young people volunteered for the **Good Homes Change Lives project**, developed and implemented by Brico Depot, to renovate and improve the spaces in which they work and live.

The young people from the two homes for life volunteered in the activities of organizing and distributing food packages for the additional 40 people with disabilities living in the community. This activity was part of the **Support SustainAbility project**, funded by the Suceava local council. All participated in counseling sessions and creative workshops.

Youth Program: Independent Living Support



The Youth Program: Independent Living Support (ILSP) provides a package of support services for a successful transition to adulthood. ILSP provides young people with a positive life experience in a supervised environment, where they are exposed to opportunities to develop independent living skills.

By engaging in self-management, non-formal education, counseling, mentoring, school and career guidance, and connecting to community support networks, the FARA team helps young people strengthen their resilience and build their future.

117

Beneficiaries,
including 42
residents and 75
young people from
the community

31

Young people
received financial
advice within the
Banometer project

13

Young people
continued or
completed school

20

Young people
have made the
transition to
independent living

5

Young people
obtained a driver's
license

100 professionals and youth received information within the MarFar project.

The young people supported the events marking the 30 years of FARA by creating handmade and decorative candles and soaps.

Leverage opportunities to increase skills by participating in:

- courses and workshops on social inclusion and individualized clinical interventions (addictions).
- webinars on the situation of young people leaving the protection system, combating bullying and aggressive behavior
- first aid lessons



Therapy & Recovery

The day centers in the Therapy and Recovery program have a strong and measurable impact on the individual level of the beneficiary, on the family level and on the community level through the technical training, professionalism and level of involvement of our teams. Due to the fact that the services offered are free and the demand is growing, our presence in the communities where we operate is fundamental, clearly contributing to the integration of children with disabilities in the mainstream education system and in Romanian society, contributing to a country with richer human capital. The diversity of services offered allows a broad and complete approach to children who cross our threshold.

The moments of gratitude are offered by the parents of the beneficiaries, who are involved daily in the continuation of the therapy at home, under the guidance of the therapists.

21K+

Hours of
Therapy & Recovery

1,2K

Family support
packages

162

Birthdays
celebrated
together

154

Educational
kits

279

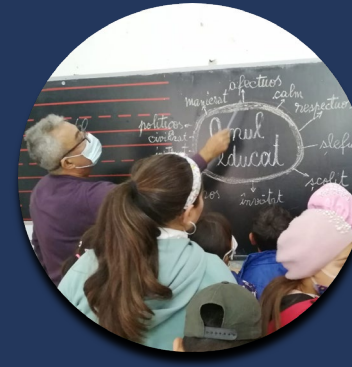
beneficiaries

In 2021, we are proud to obtain the operating license of the Rafael and St. Teresa day recovery centers, as well as the relicensing at the Emanuel center.

25 children benefited from Pony and Horse Therapy, carried out on a private farm in Suceava, under the guidance of our therapists.

Online therapy has proven to be an alternative with positive implications for child recovery. In this period of pandemic caused by COVID-19, all centers have the capacity to offer the services to the beneficiaries through the online environment as well.

Takling Poverty through Education



The program promotes respect for the rights of the child, access to education, social inclusion, reduction of inequities by ensuring a favorable family and community climate, which allows to reach the maximum potential for development, thus generating opportunities for social integration.

Individualized interventions in poverty-stricken communities aim to prevent early school leaving, reduce barriers to school performance, and increase access to development opportunities for equal opportunities in school and socio-professional life.

340

Students that received material, educational and emotional support.

31K+

Hot meals served to students

140

Educational vouchers of 70 lei were offered to high school students

2K+

Field visits to provide support and assistance

970

Families received food packages

425 families received packages of clothing items from donations.

35 families received construction materials for the renovation of houses with high degrees of wear, endangering the lives of tenants, and 2 families were supported to increase the quality of life by access to water (construction of fountains).

Medical services offered to a number of 78 direct and indirect beneficiaries, in the form of medical consultations, medical prescriptions, facilitation of obtaining rights, in particular the acquisition of certificates of disability, medicines, dental interventions, medical tests.

The 289 preschool and primary school beneficiaries from the two communes come from 246 families. The total number of parents / extended family / siblings totals 1240 members and represents indirect beneficiaries, supported to solve social or family problems.



A Family for Those Without

The „St. Nicholas“ home is the first program developed by the FARA Foundation and one of the first private residential service in Romania. The opening of the home in 1997 marked the natural step that the founder of the FARA Foundation, Jane Nicholson, initiated to support abandoned children in public institutions, based on her experience of 6 years of volunteering in Romania. Through personalized services and intervention plans, this program provides children with the proper family type environment for physical, mental, cognitive-emotional development. The purpose is to build the resilience needed to overcome the trauma caused by abandonment, abuse, poverty and neglect. In the long term, the program envisions the development of independent living skills including priority-settings and life plans and providing the necessary support to facilitate socio-educational, professional and community integration.

14

The children have a house and a stable family at St. Nicholas' House

10

Long- and short-term extracurricular activities

9

Excursions including a camp at the seaside

350

Hours of psychological therapy

40

Hours of school tutoring

92% of children believe they have opportunities to voice their opinions and their voice is being heard

92% of children feel safe and secure

100% of children feel that they receive good care

46% of children feel they have the best possible life

2 children graduated from the 8th grade and passed the aptitude test with good grades.

3 of the beneficiaries decided to exit the child protection system and followed their personal life plans (continuing higher education, obtaining a job, applying for scholarships).



Partners

Love and charity are at the heart of our mission. The vision of the FARA Foundation is to transform the lives of the vulnerable in order to ensure a dignified and fulfilled life.

Together with our partners:

- ❖ we fight poverty, marginalization, and discrimination
- ❖ we transform lives
- ❖ we identify optimal solutions to the problems of our beneficiaries
- ❖ we promote social and economic inclusion
- ❖ we capitalize on the Romanian tradition, the moral values in order to restore hope for the future

✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦



INDITEX




Original Gerovital
by Prof. Dr. A. Gishen

INTERSTAR

 Symmetrica

SPORTS & CULTURE



MEDICAL





NONGUVERNAMENTAL



Impreună împotriva risipei alimentare,
împreună împotriva sărăciei.



Impreună împotriva risipei alimentare,
împreună împotriva sărăciei.



The Charity Mall
Ampluana - Ampla legătură!



ERSTE Stiftung



Eurochild
Putting children at
the heart of Europe





MONA DANDARIE
SILVIU CHIRILĂ
EDWARD DIJMARESCU
VICTOR BĂCANU
NICU NICULESCU

MIHAELA DIJMARESCU
MATEI GALAȚANU
GHERVAZEN LONGHER
DANIEL BACHERU
URSACHE NICOLAE





Anniversary



a family for those without

We make a living by what we get, but we
make a life by what we give.

-Winston Churchill



10 000 lives transformed

In 2021, FARA Foundation celebratet 30 years since Jane Nicholson, a British citizen, came to Romania. With her love for people, Jane found resources to help the children who were suffering then in the tragic conditions in the Romanian orphanages and set up the FARA Foundation. Through fundraising and volunteer activities in the UK and the responsible work of the Romanian team, FARA Foundation has transformed the lives of over 10 000 vulnerable children and young people, young adults with disabilities from state institutions or families from poor communities in Suceava, Ilfov and Satu Mare counties.

On July 14, at the Citadel of Suceava, the Mayor of Suceava, Mr. Ion Lungu awarded the title of **Honorary Citizen of Suceava to the Founder of FARA Foundation, Jane Nicholson**, for all her efforts, near and far, for giving a real chance to those without a voice, a family or love and opportunities, for a future in which they can decide for themselves what is the best for them.

The story of the FARA Foundation began in 1997 in the city of Suceava, when Jane founded the first family-type house, St. Nicholas, where children without parental care and love found a family-type environment in which they could develop healthy emotionally, physically and mentally.

Given the acute needs of the most vulnerable categories of children and young people, FARA continued to develop and implement its programs in the counties of Suceava, Ilfov and Satu Mare. Currently, 2000 direct and indirect beneficiaries are supported by 104 employees. The FARA team help them overcome barriers, in particular the limited access to opportunities for education and developement due to school drop-out, lack of/ poor parental care, financial vulnerability of the family and daily challanges caused by disabilities.

“

You fought for me even when I didn't want to anymore. Thank you!

-Cristian, FARA beneficiary

”



The efforts of FARA team would not have an impact without the willingness of local authorities to collaborate, share experiences and knowledge with other NGOs. Our work is built on mobilizing and coordinating local, national and international resources and the permanent involvement of members of the communities in which we operate.

“Our future plans include the opening of a community service centre in Preutești dedicated to vulnerable children and families. The aim of this community centre is to provide integrated services and support to children and young people in the educational process and guidance to their families in order to reduce social vulnerability, alleviate inequities and increase social inclusion. Raising awareness, engaging beneficiaries in finding solutions for their problems and mobilizing society can reduce the effects of poverty at the individual, family and community levels. This strategic objective remains one of our priorities.

-Roxana Girip & Regina Bulai

”

Over 30 years of activities, FARA Foundation has touched 10 000 lives. The celebration of the 30 years of work and dedication was marked by each of the FARA programs, culminating in Suceava, where it all began in 1991.

30 years of compassion, dedication and collective effort under a common cause were the driving force of each event dedicated to this special anniversary. The celebration started at the Citadel of Suceava, where our young people and children delighted us, as well as the audience, with their tender messages and talents that we are so proud of. Folk songs and hits from Bucovina, artistic dances and traditional horas, poems and words of appreciation, made our day beautiful and special.

From the Citadel, the event continued at Brădet venue, where we had the opportunity to meet and receive congratulations from our closest friends, partners, and volunteers. Marking 30 years of activity was a good opportunity to meet new people with common visions. We celebrated our teams and programs and recognise everyone's contribution for the wonderful work they do every day for the children, young people and adults we care for.





Testimonials

“

I'm Cristina and I'm 12 years old. I have lived with my grandparents since I was born. I have been the beneficiary of the TPTE program since the first grade.

I came here with great pleasure, because the teachers were preparing interesting activities for children. By engaging in these activities, I found that time passed more meaningful and much faster. I only see my father in the summer, and my mother hasn't visited us since I was 6 years old. I found the family I needed here at FARA. If I was ever sad or depressed, the people here would help me get through these moments and encourage me. I needed help solving my homework because my grandmother is old and can't remember basic notions of math or communication.

Around the holidays I was looking forward to discovering those gifts received from people with a big heart. I don't know how it goes, but I always got pretty much everything I wanted. I'm big now. I'm in the fifth grade and I don't go to the program anymore, but my younger colleagues came here now. But I'm still coming to visit the teachers and my friends at FARA.

Recently, I had a harder day, and I did not know how to overcome this situation. I went to FARA and here I felt that protective warmth, which made me realize that all I needed was that big hug, which I received when I stepped in. I found at FARA the love in people's eyes but also in their sweet words. I realised that I found the love that I had been missing for some time.

I think I'll visit them more often. I will come to FARA as to my second home

- Cristina C.

”





Testimonials



“

For us, FARA Foundation has been a reliable help. The people from FARA have become a part of our family. My kid has been coming here since Rafael Centre opened, we grew up together and we are partners in the help that Rareş needs. During this strange period that we are going through, you have always been with us, and Rareş comes here with pleasure. Always, when we have to leave, he gets upset because he wants to stay longer. This is because of the wonderful people who are part of FARA. Thank you for what you do.

-Rareş's mom

”

“

FARA has become a wish for poor families, but especially for those with potential. Before FARA there was no after-school in the locality. Both parents and students are very pleased with the program, the pleasant surprises and the educational and material support they receive from FARA team and its sponsors.

I want to express my gratitude to all great-hearted people from FARA, who fill the hearts and homes of others with joy for countless times. On behalf of the hundreds of innocent souls I want to thank them. *The Olympics of Good Work* is a great success. I wish all from FARA strengths, health and blessings in their homes.

I wish FARA many years with satisfaction and prosperity!

-Elena Pintilie, FARA teacher

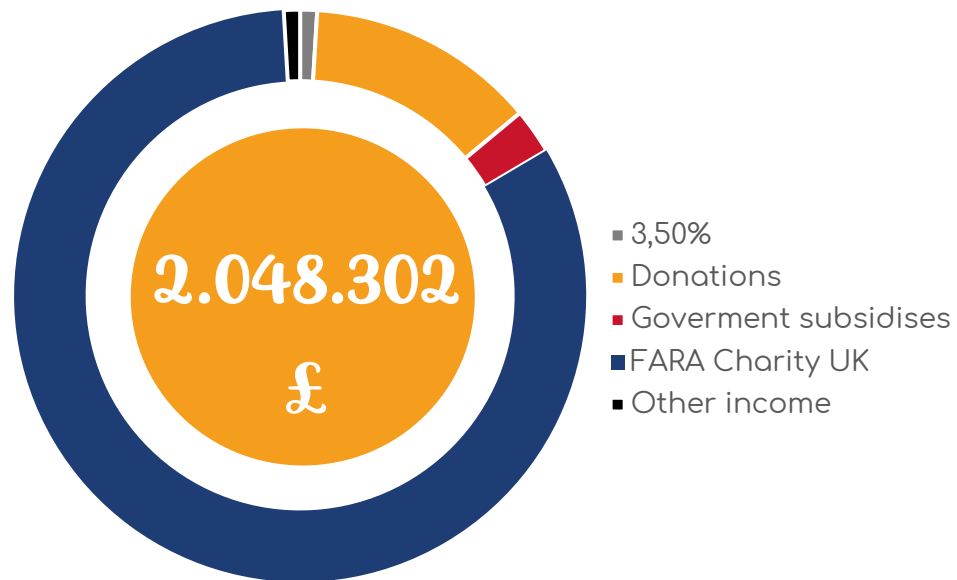
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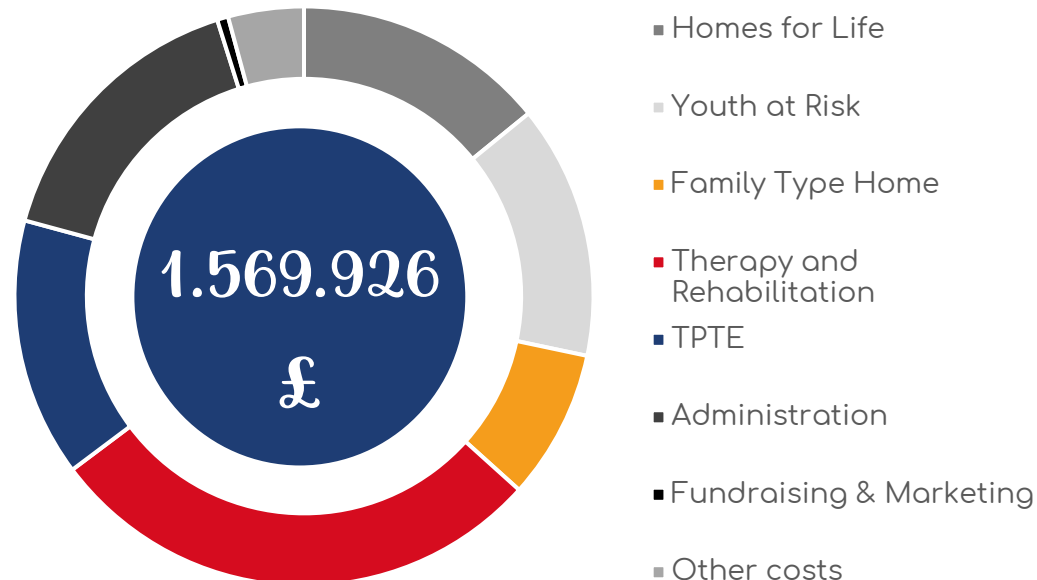


Financial report

Income 2021



Costs 2021



Costs per program

O Familie pe Viață
£ 221.947

Sprijin pentru Viață
Independentă
£ 222.506

O Familie Pentru cei
FĂRĂ
£ 131.213

Terapie și
Recuperare
£ 441.121

Prevenirea și
Combaterea Sărăciei
prin Educație
£ 226.749

Organizare/Admini-
strare/Funcționare
£ 250.320

Fundraising si
Marketing
£ 9.691

Alte cheltuieli
£ 66.375

Total
cheltuieli:
£ 1.569.926





Fundraising & Communication

Donations, grants, campaigns and social projects contribute to essential changes in the lives of vulnerable people at FARA.

These changes mean more than just providing basic necessities — housing, food, clothing, warmth, or supplies — they means hope and faith in a safer future and providing an environment that allows for a healthy development mentally and emotionally.

2021 was a fruitful year and full of interesting projects. Together with good people and socially involved organizations, at FARA we have managed to make important changes for our beneficiaries through fundraising, communication and advocacy campaigns.



Through the **Good Homes change lives** project, FARA receiving funding to improve living conditions, safety and quality of life in disadvantaged communities.

With the help of the funding received, we have completed the renovation, construction, modernization, increase of functionality and improvement of the spaces where our beneficiaries, children, young people and young adults live / carry out activities.

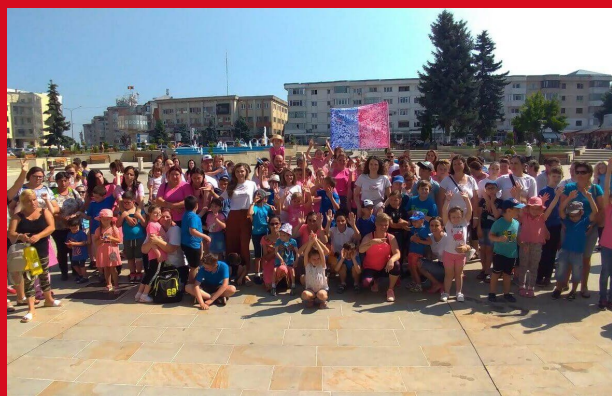
Titi, the children's favourite beaver, has been put up for sale in all Auchan hypermarkets to support children in marginalized rural areas! The first half of the TITI Campaign had results in such a way we did not even hope to dream of, over **440,000 lei** from the sales of fluffy plush, went to the TPTE program. The Titi campaign continues in 2022, and we hope that Titi will become a symbol of the solidarity that the new generations learn from young children.



The Morning Glory, Morning Glory, Susținem toți Juniory campaign on Rock FM, organized in partnership with Auchan, launched a collection of personalized T-shirts and mugs with the famous expressions and jokes of Răzvan Exarhu, to support the children from FARA. Over **56,000 lei** were redirected to FARA, at the end of the year, the campaign continuing in 2022.



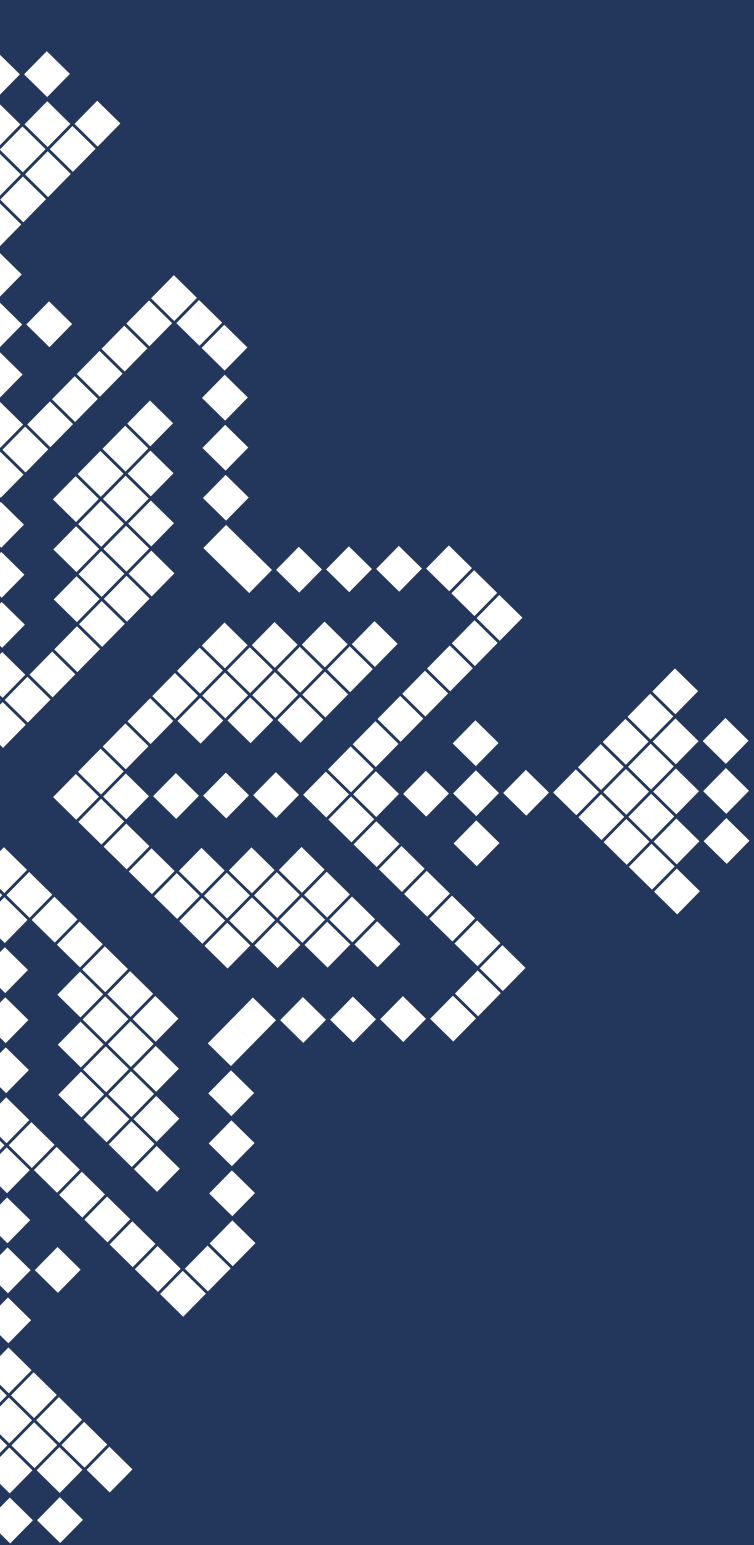
The December Story Campaign organized for the fulfillment of Christmas dreams took place between November 10 and December 15, 2021, with enough time to load the gifts in Santa's bag for the over 700 children who are helped by FARA Foundation. The Christmas campaign was an absolute success with **700+ gifts donated** from people with great souls, for the good children at FARA. The culmination of our campaign is the Christmas festivities, where the children meet Santa Claus and receive gifts from the heart!



We dance, sing and raise awareness. The **flashmob** in the central esplanade "Nada Florilor" in Fălticeni stormed the monotony of the day and electrified passers-by, inviting them to dance. The event was a success, organized by the staff of the St. Teresa Day Centre and with the support of the municipality of Fălticeni, to proudly mark the 30th anniversary of FARA but also to raise awareness in the community of Fălticeni about the children with disabilities that we support. Children, educators, parents, friends and passers-by enjoyed the musical hits and were guided in choreography by Caterina Moldovanu Feraru.



To mark the **10th anniversary of the Emanuel Day Center**, the doors of the center were opened for 9 weeks in a virtual tour. It was intended to provide a better understanding of our therapies and activities, as well as the importance they have in recovering children with disabilities.



Help transform a life

We rely on supporters and donors to sustain and develop our crucial work in Romania.

✖ Our 30th Anniversary Appeal

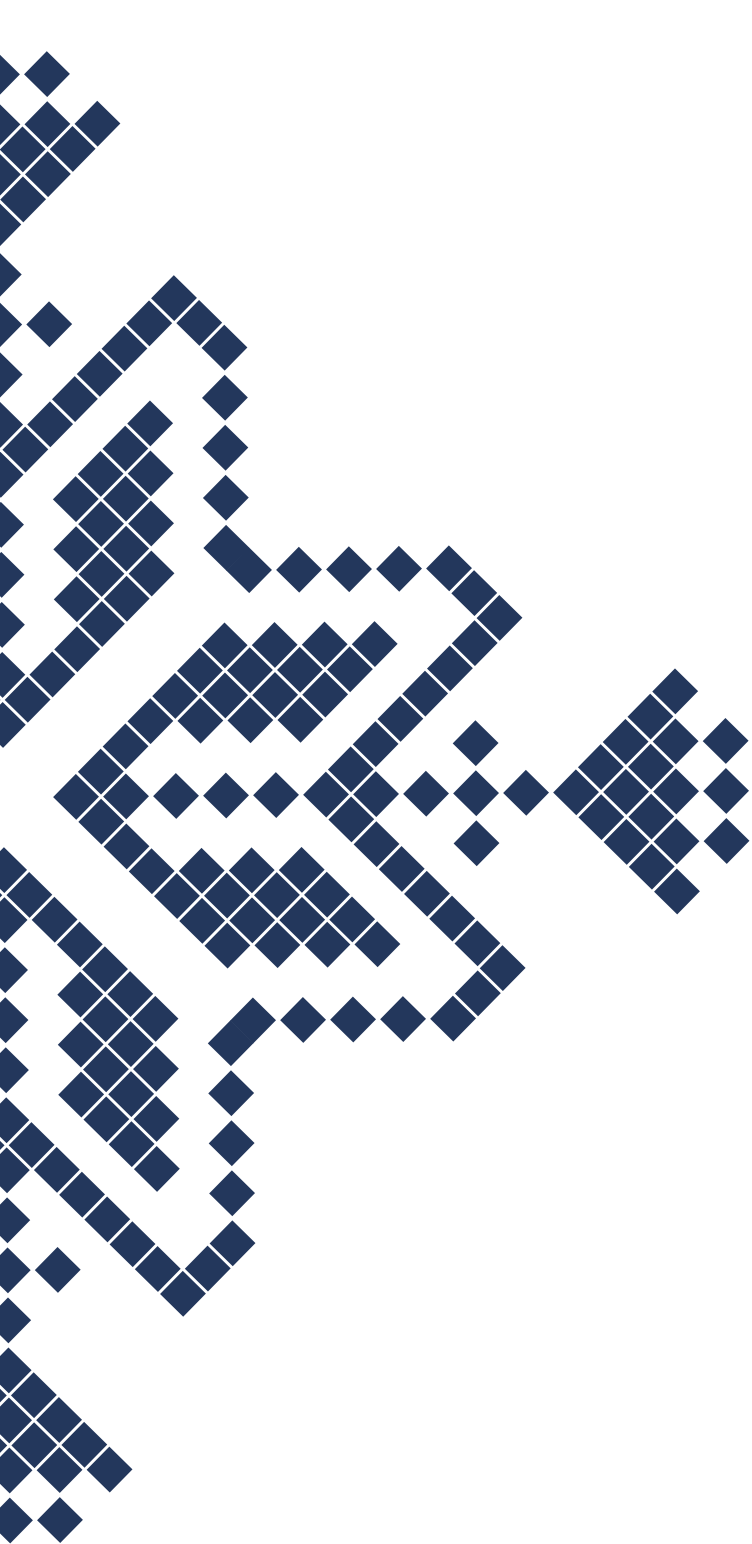
We are raising funds for a new centre to support hundreds of children and their families living in abject poverty.

£20

Monthly donation



**Supports a family
for a month**



© FARA Foundation
National Bureau
Communication & Advocacy
www.faracharity.ro
June, 2022



Contact:

Tel: 021 242 0555

E-mail: office@faracharity.ro

Communications: alexpapa@faracharity.ro